

Screening for Cost Burden

When taking medication hx, ask patients:

1	“Do your medications cost too much? ”
2	“Have you ever cut back on medications because of cost?”
3	“Have you ever cut back on other things (e.g. food, leisure) due to high drug costs?”

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Cost-Saving Strategies: GOT MeDS?

G	Generics: prescribe when possible; educate patients on safety/efficacy
O	Ordering in bulk: 3-month supplies of drugs from pharmacy or by mail
T	Therapeutic alternatives: OTC meds; cheaper meds in same class
Me	Medication review: regularly review med list; remove unnecessary meds
D	Discount drugs: \$4 drugs (Walmart, Target, etc.); discount cards
S	Splitting pills: prescribe higher dose and advise patients to split pills

RESOURCES

Online: [Consumer Reports Best Buy Drugs](#), [AARP Drug Savings Tool](#)

Mobile Apps: [Generics](#), [LowestMed](#), [iPharmacy](#), [Epocrates RX](#)

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