



Sara K. Levin, MD

Staff Physician, Internal Medicine PROACT (Preventing Readmissions - Optimizing Ambulatory Care Transitions) Physician Lead Contra Costa Regional Medical Center

Dr. Levin is the physician champion for her organization's initiative to reduce readmissions and improve care transitions. Contra Costa County Health Services is a safety net organization with a health care delivery system that includes a 160-bed regional hospital and 9 community health clinics. She is the former Department Chair of Medicine at CCRMC and has been an active faculty member at the Contra Costa Family Medicine training program. She has been working at Contra Costa County Health Services for the past 10 years teaching and providing direct clinical care throughout the inpatient and ambulatory settings. She recently graduated from the CHCF Health Care Leaders Fellowship (Cohort 11) where she started her work in care transitions and reducing readmissions as her California Health Improvement Project (CHIP). She is delighted to share the trials, tribulations and triumphs of the PROACT team at Contra Costa Health Services as the journey with America's Essential Hospitals and reducing readmissions initiative continues forward.