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Jaspreet Benepal

Chief Nursing Officer

Contra Costa Regional Medical Center and Health Centers



As Chief Nursing Officer, Jaspreet Benepal is responsible for coordinating the administration and management of modern, professional nursing care services at CCHS' Contra Costa Regional Medical Center and Health Centers. She currently is a Leadership Fellow of the California Health Leadership College.

Since joining CCHS in 1998, Benepal has worked her way through the ranks as a registered nurse, charge nurse, program manager and director of inpatient nursing operations before settling in her current role as chief nursing officer in 2010. Benepal's training in Lean Healthcare, based on the principals of the Toyota Management System, helps her provide an ongoing assessment of quality improvement efforts and ensure high levels of patient care. Benepal holds a Master of Leadership and Counseling from Eastern Michigan University.

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