Unleashing the Culture:
Reaching Hearts and Minds
through Partnerships with Patients
and Families

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### Introduction and Agenda

- Introduction
- The Past: Imperative for Culture Change
- The Present: Using Patients to get to "Why"
- The Future: Sharing Decision-Making









## **HCMC:** A History of Caring







#### Hennepin County Medical Center

- Minnesota's premier Level 1 Adult
   Trauma Center and Level 1
   Pediatric Trauma Center
- An essential teaching hospital for doctors and other healthcare professionals (1,000/year) who go on to practice throughout the state
- Recognized for innovative approach to engage and empower patients with comorbidities and history of complex and costly healthcare needs.
- 3<sup>rd</sup> largest employer in downtown Minneapolis.

- 462 Staffed beds
- 2,373 Births
- 3,269 Hyperbaric Medicine treatments
- 15,586 Surgeries
- 21,748 Discharges
- 63,596 Ambulance runs
- 74,490 Poison Center calls
- 100,066 Emergency
   Services visits
- 496,416 Clinic visits

# Hennepin County Medical Center: Classic Public Hospital Challenges

- Hugely diverse patient population
- 72 languages
- Broad scope of services
- Integrated physician group
- Diverse employees
- County legacy and brand identity
- Good but not great patient satisfaction



# Improving the Patient Experience: It's a work in progress

- 2008-09: Initiated formal approach to patient experience. Tried and failed to deploy best practices. No buy-in.
- 2010: Embraced the power of Patient- and Family-Centered Care. Launched Rallies. Created the "why" by listening to patient/family stories
- 2011: Patient Experience became #1 Focus area on HCMC Annual Plan. Executive Sponsor identified. Physician engagement accelerated.
- 2012: Expanded use of patient/family advisors.
   Continued Rallies. Launched Communication tools for bedside care.



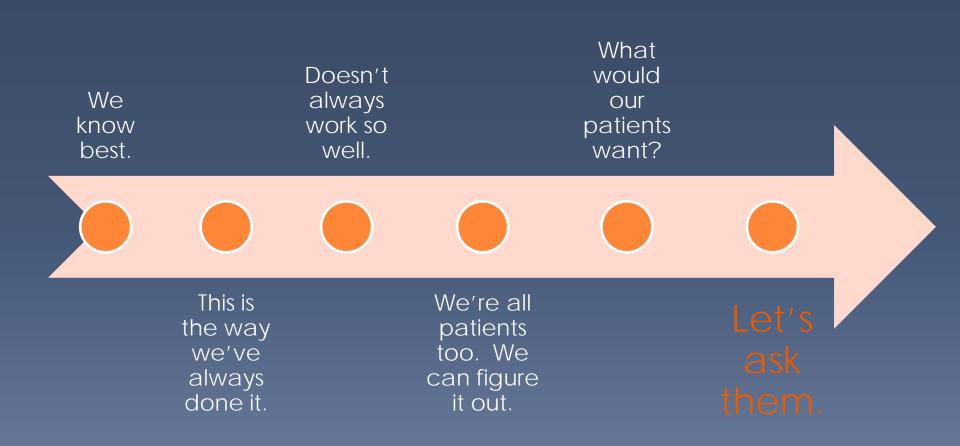
### What is PFCC?

Patient- and family-centered care is working with patients and families rather than doing to or for them.

Patients and families are partners in care.



# The evolution of organizational shared decision-making



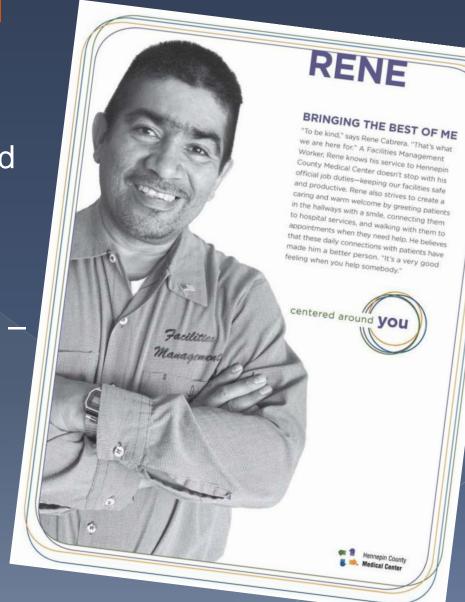
#### PFCC: Pushback from staff

- "Already doing it, and I'm good at it too."
- > Patients are source of control = Chaos
- We are the experts
- Blame PFCC for problems
- Learning to adapt patient/family input into "our" work
- Learning to accommodate hugely diverse patients into structure.
- "You don't understand how hard this is."



# How are we asking and partnering?

- Faces of Inspiration
- Patient advisory councils and focus groups
- Patients on organizational committees
- Patients on interview panels –
   CEO, Chiefs, HR VP
- Lean events
- Q study
- Brave staff
- Patient Experience Rallies





## The Rally Day: Structure

- > 8 hours
- > 500 staff and physicians
- 50-60 patients at each event—at every table, trained to tell their story
- Multi-media
- Patient/Family panels
- "Patients as artists"
- Employees-as-patients panels
- Keynote speakers bring credibility
- Workgroups assigned to tables
- 4 times/year

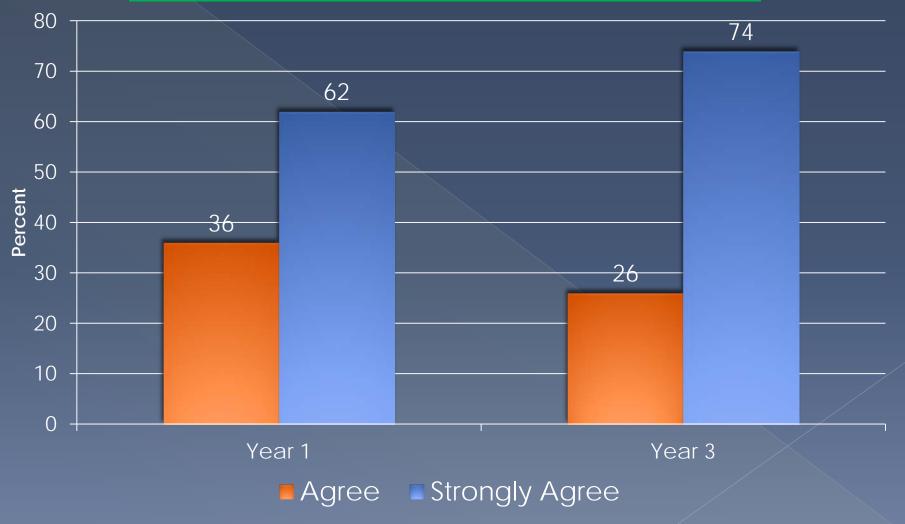


## What did the staff say?

- "Rally was good reminder to be careful with words"
- "Ponder before I talk"
- "Be more aware of my approach with patients"
- "Be mindful of what words to say"
- "Be mindful of 9 behaviors—they will make my job easier and my patients more satisfied."
- "I hope I have gained a much better perspective of how my daily actions are received, regardless of the intention."



# Response from Rally Attendees: I understand what my role and responsibility is in transforming HCMC into a patient- and family-centered organization.



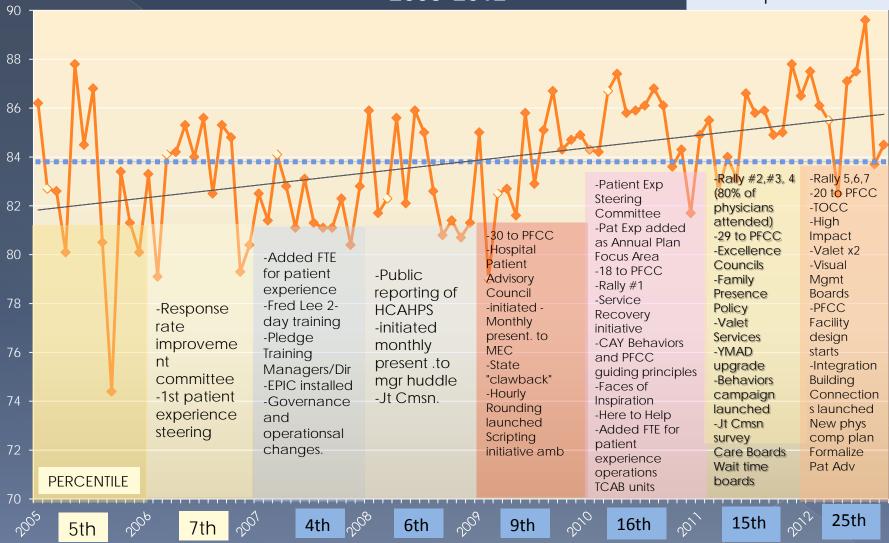
#### Measures of Success

- Values project
  - > 6 of 8 groups (1500+ respondents) named patient-centered as the top choice from 150 words.
- Behaviors are changing
- Conversations are changing
- Processes are changing
- Workload is changing!



## Inpatient Satisfaction Likelihood to Recommend Mean Score 2005-2012

All-time high point July 2012 = 89.6 50th percentile



#### Where we're headed

- 2013 and beyond
  - > Teaching The Why: Continue with Patient Experience Rallies and continue to expand use of patient/family/community partners.
  - The How: Communication skills training Building Connections; Experience Discovery and Design. Patients on every strategic committee.
  - The What: Launched specific bed-side/Exam-room strategies: Bedside Shift Report, Care Boards, Interdisciplinary Rounds, Leader Rounding on Patients
  - All in: Organizational Annual Plan insists that EVERY department figure out a way to elicit and incorporat patient/family feedback into their work.

# America's essential hospitals face unique challenges

- Diversity
  - Challenge = how to get input from patients speaking so many languages
  - Opportunity = hear so many interesting ways of looking at a problem/solution
- Non-traditional family structures
  - Challenge = how to know what familycentered means to each individual patient
  - Opportunity = learn to appreciate that family can be much more than parents and siblings.

## Facing unique challenges

- Limited resources
  - Challenge = fairly compensating patients/families for their time
  - Opportunity = Partners want to know first and foremost that we are taking them seriously.
- Logistics
  - Challenge = patients with complex lives can not always meet with us on our terms
  - Opportunities = forced to face what being truly PFCC means



#### Questions

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